



Delightful Orange Breakfast Smoothie

PREGNANCY: RESOURCES FOR PREGNANT MOM

RECIPE

PREP:

COOKING:

PORTION(S): 1

Ingredients

- 4 tablespoons of Nestlé MOM
- A glass of cold water
- A dash of orange juice

Step by step

Blend 4 tbsp of Nestlé MOM, a glass of cold water and dash of orange juice.

* For pregnant and breastfeeding mothers.