

## **Baby Milestones - After 6 to 7 Months**

**BABY CARE** 

**ARTICLE** 

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1 MIN

A few key milestones in your child's development

As a proud parent, you might take notice to every new change in your child's habits, sometimes a little too much! We suggest a few key milestones in your child's development so you can observe and enjoy your little one's progress!

- Starts to be interested in food, opens mouth for food: He's getting interested in what you're eating. It's an opportunity to introduce him to new tastes and textures.
- Starts to smile: He recognizes you and is learning to smile. He'll need nutrition

that helps support his healthy growth and development.

• Begins to sit with support, can sit with help: He's able to hold his head up and sit with support. He's also getting strong enough to swallow more than just milk.